Together we Weld the World.





## 3 Peaks 24 hour Challenge

I made it with 5 minutes to spare!!!

We set off on Friday at 7am, drove through sunshine and torrential rain, had a blow out on the motorway and arrived finally at Ben Nevis at 6pm.

Spirits were high for the first 10 minutes! It

was extremely humid but we all made it to the summit of Ben Nevis in about 3 hours. The knees took a battering on the way down but we were feeling great. After a very guick change into dry clothing, we set off for Scafell Pike in Cumbria. It was definitely the laughter and cursing of the team that helped us to reach the top. The view was not existent again. After a long and hairraising drive, we arrived at Snowdon to glorious sunshine, full of confidence as this was known to be the easy climb!! How wrong we were, after only a few hundred metres the heavens open and it rained continually for 2 hours until we reached the top, only visible when standing right next to it! We were soaking wet, cold and tired but so happy to have



made it. We took the long but easy route down and by pure chance found a pub to celebrate!!



It was the hardest physical challenge I have ever done. We were a great team, lifelong friends and will retain many memories! My legs are sore and swollen but I am so very proud of us all!

A HUGE thanks to you all, my own sponsorship total is just over £2000 which is outstanding. The Under 17's at Syston Rugby Club and The House of Hope in Constanta, Romania will both gain greatly from this.

Further photos can be found by this facebook link, http://www.facebook.com/album.php?aid=102415&id=719292201&l=aee964323b

Donations can be paid by Cheque made payable to Claire Spillane or by PayPal to clairespillane@hotmail.co.uk or I can let you have bank details if you give me a call on 0116 2696941.

Thank you so much for your support.